

## **IDSCA International Standard Syllabus Figures**

		Waltz	Tango	Foxtrot	V. Waltz	Q. Step
Bronze	Beginner	<ol> <li>Left Foot Closed Change</li> <li>Natural Turn</li> <li>Right Foot Closed Change</li> <li>Reverse Turn</li> </ol>	<ul><li>1 Progressive Link</li><li>2 Closed Promenade</li></ul>	<ul> <li>Feather Step</li> <li>Reverse Turn with Feather Finish</li> <li>Three Step</li> <li>Natural Turn</li> </ul>	1 Natural Turn	<ul><li>1A Quarter Turn to Right</li><li>1B Quarter Turn to Left</li><li>2 Progressive Chasse</li><li>3 Forward Lock Step</li></ul>
	Intermediate	<ul> <li>5 Whisk</li> <li>6 Chasse from PP</li> <li>7 Natural Hesitation Change</li> <li>8 Progressive Chasse to Right</li> <li>9 Back Lock</li> <li>10 Closed Impetus</li> </ul>	<ul> <li>3 Progressive Side Step</li> <li>4 Progressive Side Step Reverse Turn</li> <li>5 Natural Twist Turn</li> <li>6 Natural Rock Turn</li> <li>7 Natural Promenade Turn</li> </ul>	<ul><li>5 Basic Weave</li><li>6 Reverse Wave</li><li>7 Change of Direction</li></ul>		4 Natural Turn with Hesitation 5 Progressive Chasse to Right 6 Back Lock 7 Runnung Finish 8 Natural Spin Turn
	Full	<ul> <li>11 Reverse Corte</li> <li>12 Back Whisk</li> <li>13 Natural Spin Turn</li> <li>14 Reverse Pivot</li> <li>15 Double Reverse Spin</li> <li>16 Basic Weave</li> <li>17 Outside Change</li> </ul>	<ul> <li>8 Open Promenade</li> <li>9 Open Reverse Turn Partner Outside</li> <li>10 Back Corte</li> <li>11 Left Foot Rock</li> <li>12 Right Foot Rock</li> <li>13 Basic Reverse Turn</li> <li>14 Open Reverse Turn In Line with Closed Finish</li> </ul>	<ul><li>8 Natural Weave</li><li>9 Closed Impetus with Feather Finish</li></ul>	<ul><li>2 Right Foot Forward Closed Change</li><li>3 Reverse Turn</li><li>4 Left Foot Forward Closed Change</li></ul>	<ul> <li>9 Natural Turn &amp; Back Lock</li> <li>10 Tipple Chasse to Right at a Corner</li> <li>11 Double Reverse Spin</li> <li>12 Chasse Reverse Turn</li> <li>13 Natural Pivot Turn</li> <li>14 Closed Impetus</li> <li>15 Reverse Pivot</li> </ul>
Silver	Beginner	18 Weave from PP 19 Open Impetus to Wing 20 Closed Telemark 21 Turning Lock Finishing in CP & PP 22 Open Impetus with Cross Hesitation	15 Four Step 16 Promenade Link 17A Outside Swivel 17B Outside Swivel (Taken from Open Promenade) 17C Outside Swivel (Turning Left) 18 Fallaway Promenade	10 Quick Open Reverse 11 Quick Natural Weave 12 Top Spin (After Feather Finish) 13 Hover Telemark 14A Natural Twist Turn with Hover Feather Ending 14B Natural Twist Turn with Closed Impetus & Feather Finish Ending 14C Natural Twist Turn with Open Impetus Ending 14D Natural Twist Turn with Natural Weave Ending 15 Open Telemark, Natural Turn Outside Swivel with Feather Ending 16 Open Telemark with Feather Ending		16 V-6 17 Quick Open Reverse 18 Four Quick Run 19 Running Right Turn
	Full	<ul> <li>23 Open Telemark to Wing</li> <li>24 Open Telemark to Cross Hesitation</li> <li>25 Drag Hesitation</li> <li>26 Outside Spin</li> <li>27 Open Impetus to Weave</li> </ul>	<ul><li>19 Brush Tap</li><li>20 Four Step Change</li><li>21 Back Open Promenade</li></ul>	17 Open Impetus 18 Weave from PP 19 Hover Cross 20 Closed Telemark 21 Natural Telemark 22 Hover Feather 23 Reverse Pivot	5 Right Foot Backward Change Step 6 Left Foot Backward Change Step	20 Cross Swivel 21 Fish Tail 22 Tipple Chasse to Left 23 Closed Telemark
Gold	Beginner	<ul><li>28 Running Spin Turn</li><li>29 Fallaway Reverse Slip Pivot</li><li>30 Contra Check</li><li>31 Fallaway Natural Turn</li><li>32 Fallaway Whisk</li></ul>	<ul><li>Fallaway Four Step</li><li>Fallaway Slip Pivot</li><li>Contra Check</li></ul>	<ul> <li>24 Bounce Fallaway with Weave Ending</li> <li>25 Curved Feather to Back Feather</li> <li>26 Curved Feather from PP</li> <li>27 Curved Three Step</li> </ul>		<ul> <li>24 Rumba Cross</li> <li>25 Hover Corte</li> <li>26 Tipsy Chasse to the Right</li> <li>27 Tipsy Chasse to the Left</li> <li>28 Zig Zag Back Lock Running Finish</li> </ul>
	Full	<ul><li>33 Turning Lock to Right</li><li>34 Left Whisk</li><li>35 Hover Corte</li><li>36 Closed Wing</li></ul>	<ul> <li>25 Chase</li> <li>26 Chasse to the Right</li> <li>27 Oversway</li> <li>28 Mini Five Step</li> <li>29 Five step</li> </ul>	<ul> <li>Extended Reverse Wave</li> <li>Fallaway Reverse &amp; Slip Pivot</li> <li>Natural Zig Zag from PP</li> <li>Natural Hover Telemark</li> </ul>	<ul><li>7 Reverse Fleckerl</li><li>8 Contra Check</li><li>9 Natural Fleckerl</li></ul>	<ul> <li>29 Six Quick Run</li> <li>30 Running Spin Turn</li> <li>31 Cross Chassé</li> <li>32 Running Cross Chassé</li> <li>33 Passing Natural Turn</li> <li>34 Change of Direction</li> </ul>